

May 17, 2022





### **OVERVIEW & INTRODUCTIONS**

Rhonda Willingham, EVP, Sales & Marketing, Avalon



#### **Before we start**



This meeting is being recorded.



We will be **MUTING** everyone except the presenter to make sure the AUDIO is clean and clear.



**Q&A** will be done by using the "Questions" feature.



#### Agenda

#### **OVERVIEW AND INTRODUCTIONS**

Rhonda Willingham, EVP, Sales & Marketing, Avalon

#### LEARN WHAT IS GOING ON IN D.C. AND THE EFFECT ON HEALTH PLANS

Eric Schiavone, Analyst, Maverick Health Policy

L.A.B. COALITION: WHAT IT IS AND HOW TO GET INVOLVED

Rhonda Willingham, EVP, Sales & Marketing, Avalon

**2022 LAB TREND REPORT: EARLY ACCESS TO THE LATEST INSIGHTS** 

Jason Bush, Ph.D., EVP, Product, Avalon

#### **CLOSING REMARKS**

Rahul Singal, M.D., Chief Medical Officer, Avalon





# LEARN WHAT IS GOING ON IN D.C. AND THE EFFECT ON HEALTH PLANS

Eric Schiavone, Analyst, Maverick Health Policy





#### **Overview**

- Health Policy Update
  - New FTC Commissioner
  - Price Transparency
  - e-Prior Auth



#### FTC's Increased Focus on Privacy





#### **FTC Authority**

 Protects consumers from unfair and deceptive business practices; extends to HIPAA and non-HIPAA covered entities.

#### **Latest Privacy Activity**

- Sept 15, 2021: Policy Statement reminder that non-HIPAA covered health apps must notify consumers if health data is released without authorization.
  - Civil penalties: up to \$43,792 per day

#### New Privacy-Focused Commissioner: Alvaro Bedoya

- Founding Director, Georgetown Law's Center on Privacy and Technology
- Chief Counsel, U.S. Senate Judiciary Subcommittee on Privacy, Technology, and the Law
- Crucial deciding vote on all FTC decisions



# **Price Transparency Regulation Landscape**

#### **TiC Machine Readable Files**

- Enforcement discretion until July 1, 2022
- Delayed pending rulemaking for prescription drugs

#### **No Surprises Act Price Comparison**

Enforcement discretion until January 1,
 2023, to align with TiC requirements

#### **Hospital Price Transparency Enforcement**

- January 1, 2021, effective date
- Minimum \$109,500 annual penalty with a max of \$2,007,500. Varies by hospital size

#### **No Surprises Act**

Facilities can't balance bill
Personalized Good Faith Estimates and
AEOBs for patients
Law in effect 1/1/2022

Hospital Price
Transparency Rule

Machine readable files for all covered items and services

Consumer-friendly format for 300 "shoppable" services

Shopping tool-

Negotiated rates in machine readable files Payer Transparency in Coverage Rule

Three separate machinereadable files for all services in 2022

Consumer-friendly format for 500 "shoppable" services in 2023, all remaining services in 2024





# Interoperability Mandates Will Continue to Disrupt Business Model to Empower Patients

#### **Information Sharing**

WHAT: Payers must download personal data to an app of an enrollee's choosing

 Plans must educate enrollees about third party apps – FTC jurisdiction kicks in

Enforcement date: July 1, 2021

IMPACT: Access to data is not used if no medical need

#### **Electronic Prior Authorization**

WHAT: Automates and streamlines prior authorization processes

 ePA capabilities will be part of existing provider workflow

**Enforcement date:** ????

IMPACT: Prior auth process will be faster and less burdensome on all parties

#### **Payer-to-Payer Data Exchange**

WHAT: Payers must send clinical data to another payer that now covers an enrollee

 Part of original interoperability rule, needed technical standards

**Enforcement date: ????** 

IMPACT: Payers will have the most data for care coordination and population health



#### Serious Momentum for Electronic Prior Authorization



Some Medicare Advantage
Organization Denials of Prior
Authorization Requests Raise
Concerns About Beneficiary
Access to Medically Necessary
Care

Christi A. Grimm



## HHS OIG Report on Medicare Advantage Coverage Denials; April 27, 2022

Report concluded that Medicare Advantage plans denied prior authorization requests by:

- Using plan clinical criteria that are not part of Medicare coverage rules;
- Requesting unnecessary documentation; and
- Making manual review errors and system errors.

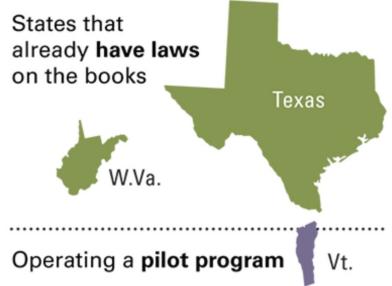
# Modern Healthcare

# Prior authorization 'gold card' bills spark conversations in states

#### **GOLD CARD BILLS ACROSS THE COUNTRY**

At least eight states have considered bills this year.







#### **Electronic Prior Authorization – New Federal Rule Soon**







#### What

- Automated prior auth process will be part of EHR system, including document lookup service API.
- Payers must quickly decide whether to approve coverage, give reasons for denial, report % of approvals, denials, etc.
   Enforcement discretion until July 1, 2022.

#### Who

- Payers and providers
- CMS rule, ONC is helping with technical standards

#### When

— Soon





# L.A.B. COALITION: WHAT IT IS AND HOW TO GET INVOLVED

Rhonda Willingham, EVP, Sales & Marketing, Avalon







Membership open to health plans

https://www.labcoalition.org/

- Launched July 2021
- Multi-stakeholder industry group is lobbying to improve federal public policy that ensures high-value lab testing
- Advocacy Issues / Concerns:
  - Prior authorization, OTC lab tests, 21st Century Cures 2.0 (Medicare coverage of breakthrough devices, genetic testing), VALID Act (increased FDA oversight of LDTs)

















### 2022 LAB TREND REPORT: EARLY ACCESS TO THE LATEST INSIGHTS

Jason Bush, Ph.D., EVP, Product, Avalon



#### **2022 Lab Trend Report Overview**

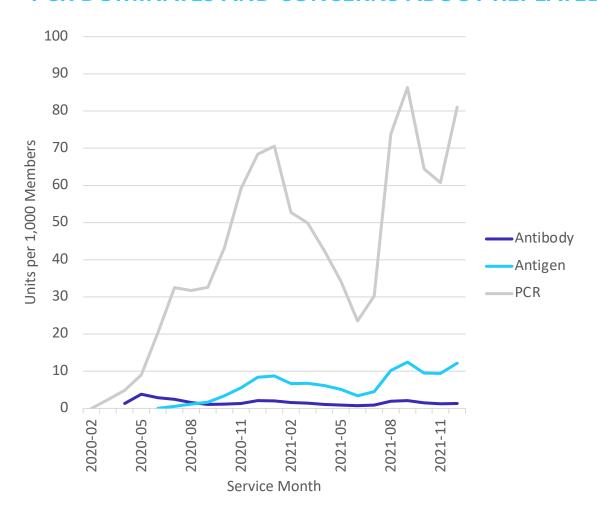


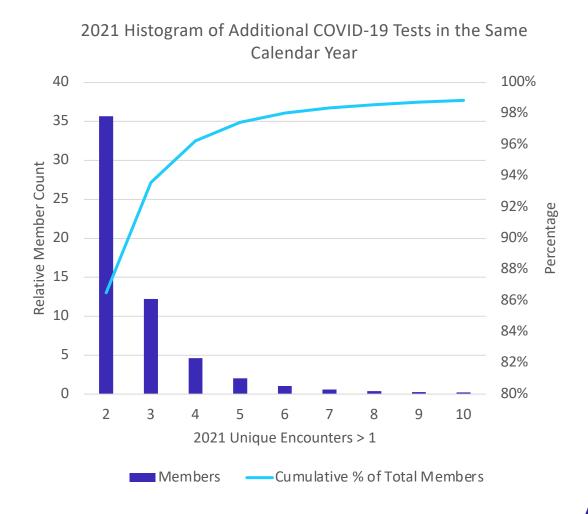
- Lingering Impact of COVID-19
- Market Forces Affecting the Laboratory Space and Health Plans
- Avalon's View of Laboratory Trends
- Lab Value Management Through Data



#### **COVID-19 Testing**

#### PCR DOMINATES AND CONCERNS ABOUT REPEATED TESTING

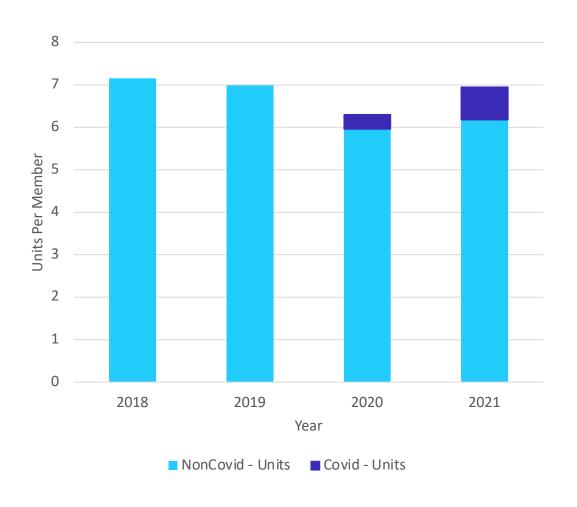


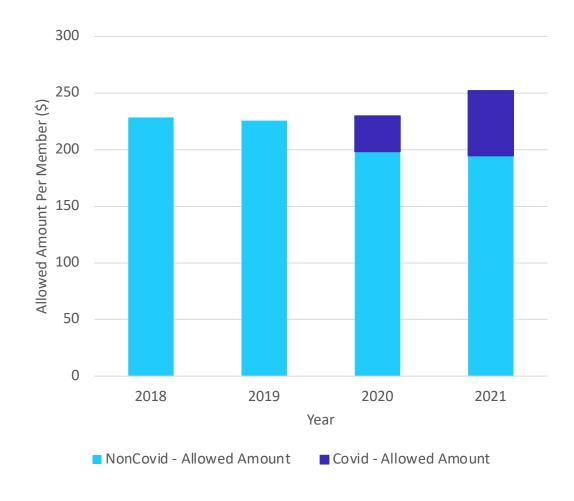




#### **Avalon's Trends**

#### **COVID-19 MAKING UP FOR DEPRESSED UTILIZATION AND DRIVING HIGHER LABORATORY SPEND**



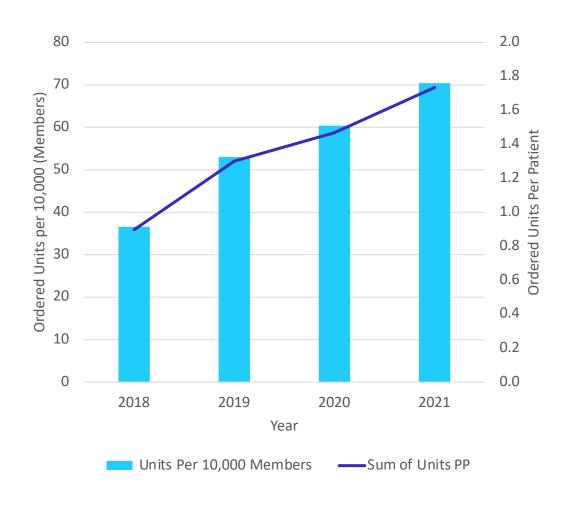




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#### **Genetic Testing**

#### SIGNIFICANT TREND INCREASE



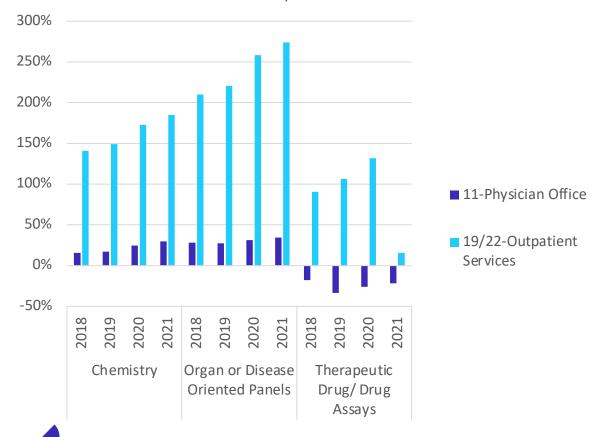
- A 2-fold increase in units per 10,000 members driven by more units per patient!
- A nearly 17% compounded annual growth rate!
- Preconception and prenatal testing leading the volume increases



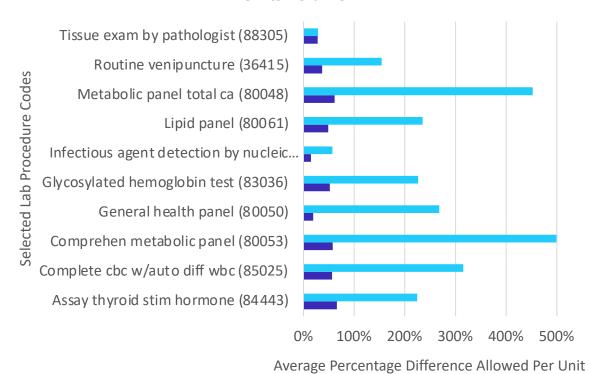
#### **Place of Service Matters**

#### **CONSISTENT QUALITY – VARYING PRICES**

Percentage Change in Average Cost per Unit by Test Type, Year, and Place of Service, Relative to Tests Rendered by Independent Labs



Percentage Difference in Average Allowed Payments for Independent Labs for Select 2021 Procedure Codes by Units Volume



■ 19/22-Outpatient Services

Relative to POS 81-Independent Lab

■ 11-Physician Office





### **CLOSING REMARKS**

Rahul Singal, M.D., Chief Medical Officer, Avalon



#### Thank you



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#### **SAVE THE DATE**

JULY 19 | 2:00 - 3:00 PM EST

Registration open: www.avalonhcs.com

